

**Our new website has been launched! Check it out!**  
**[www.communitylivingcambridge.ca](http://www.communitylivingcambridge.ca)**





# Hope springs eternal

*"Here in Ontario, on June 7, 2018, spring affords us the opportunity for electing representatives to Provincial Parliament. This is a particularly timely event for those individuals, families and agencies involved in the Developmental Services Sector "*

Sitting in my office on this bright sunny day I am able to easily count the days until spring officially arrives on March 20<sup>th</sup>. This past winter has thrown a variety of weather patterns at us, each with unique challenges of massive snow falls, icy roads and walkways and more recently floods. Fortunately, through it all, the promise of spring encourages us forward with a promise of warmer days and new growth soon to sprout. Hope springs eternal!

Here in Ontario, on June 7, 2018, spring affords us the opportunity for electing representatives to Provincial Parliament. This is a particularly timely event for those individuals, families and agencies involved in the Developmental Services Sector to encourage those elected officers (with hopes of re-election) to hear from and share how they will ensure be equally engaged, involved and committed to the issues that are plaguing this sector.

A few key highlights of the very real challenges the sector is grappling with:

- Loss of SSAH funding at age 18 with no guarantee of Passport funding
- Growing waitlists for both residential options and day supports resulting in increasing numbers of unmet needs

- Nearly 10 full years with no base funding increase to agency operating budgets & pressures
- Pay Equity obligations that must be met without any increases to the budget for the past 9 years
- Costs and legal implications associated with Bill 148 to both families and agencies

And sadly, the list goes on .....

A number of groups within the Waterloo Region are working together to present an evening with the current Waterloo Region Members of Parliament with a sole focus on the issues that are impacting the Developmental Services Sector. We here at Community Living Cambridge are actively involved with this planning and hope that many of you avail yourselves of the opportunity to hear directly from these MPP's concerning their personal *and* party stance addressing these crippling shortfalls.

We are looking for YOUR questions to pose to the MPPs, both in a scripted form (submitted to the committee ahead of the meeting) and open questions from the floor. Self-advocates, family and individuals need to be heard from at this critical time in the sector. Please **save the date of April 26, 2018**

**from 6:30 – 9:00 pm** to attend and engage in the process of having your voice heard, and in turn hearing what each MPP's thoughts and committed future direction are as it pertains to the Developmental Services Sector.

Together, with one voice we are stronger and can make ourselves heard.

The flyer for the event can be found on page 03 of the newsletter. This is too important an event to miss. Please read it and respond with your RSVP by March 16, 2018.

Meanwhile ... enjoy thoughts of warmer days and planning this year's gardens!

All the Best!



Denise Gruber, Executive Director

# Ontario 2018 Provincial Election

You are invited to meet the Waterloo Region Members of Provincial Parliament for a grassroots opportunity to hear and be heard concerning the Developmental Services Sector

**April 26, 2018**

**6:30-9:00 pm**

**Holiday Inn Kitchener Waterloo  
(30 Fairway Road South)**

You are invited to an evening of discourse with elected representatives of Waterloo Region. With a Provincial Election on the horizon it is important that we have an open and honest discussion with our Provincial Representatives, who hope to return to the Provincial Legislature and whose parties are vying to form the next government of Ontario. It is time for a good old fashioned conversation about the issues and challenges that confront us all, whose lives are deeply affected by government policy, defining the Developmental Services Sector as we live it day to day. It will be important to hear their views and their Party's Platform, as it affects individuals, families, Organizations and Associations.

#### **The Evening Program Will Include:**

- **Opening remarks from each MPP**
- **Scripted questions posed to all MPPs**
- **Questions from the floor**
- **Summary comments from each MPP**

MPP Catherine Fife, MPP Michael Harris, MPP Kathryn McGarry and MPP Daiene Vernile have been invited to attend. Please confirm your attendance so that we can ensure theirs!

*This is your chance to hear and be heard.*

#### **Here's how you can help:**

- 1) **Submit scripted question ideas to assist us in our question writing to [info@wrfn.info](mailto:info@wrfn.info) by March 16**
- 2) **Attend the event**
- 3) **Bring friends & encourage others to attend**

**Please RSVP by email [info@wrfn.info](mailto:info@wrfn.info) or by phone 519-886-9150 x1 by March 16<sup>th</sup> 2018, indicating the number of people who will be attending**

#### ***This evening is supported by:***

**Aldaview Services  
Christian Horizons  
Elmira District Community Living  
KW Habilitation  
Sunbeam Centre**

**Bridges to Belong  
Community Living Cambridge  
Extend-A-Family Waterloo Region  
Parents for Community Living  
Waterloo Region Family Network**





## From One Parent to Another...

*"The daily activities and variety of outings that were arranged for her, perfectly matched her interests and her temperament."*

Our Penny had known Rideau Regional Centre in Smiths Falls as home for over 40 years. Then the Government closed this residential institution.

Just at that time, we, her family, had recently relocated to Cambridge and we decided to move Penny to be closer to us and to receive services from Community Living Cambridge.

We were worried. How would Penny adjust to a new life in a new city? What would life in a group home in Cambridge be like for her? What kind of program and activities would be provided for her? Would she feel comfortable? Would she make new friends?

We were so relieved to see the immediate ease with which Penny entered the inviting atmosphere of the adult day program (ADP). She was warmly received by the engaging staff and she made many friends. The daily activities and variety of outings that were arranged for her, perfectly matched her interests and her temperament. Penny called the ADP "school" and she enjoyed it so much that she often pretended to be more well than she was, just so she wouldn't have to miss a day due to illness.

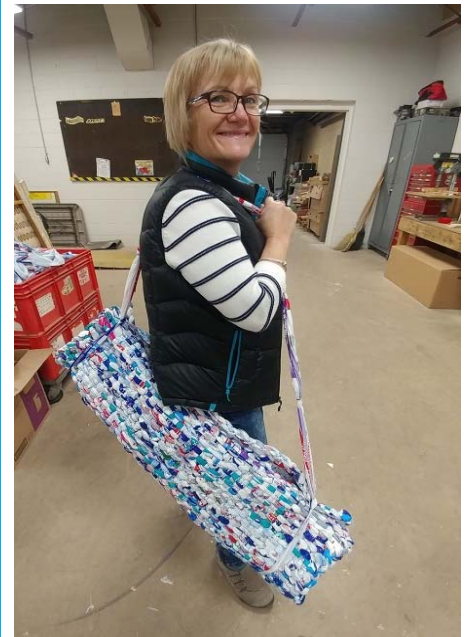
We marvelled at Penny's seamless transition to her group home in Cambridge. She was the first of four residents to arrive at the home and what a stroke of luck that was! Penny eagerly accepted the individual attention she received from the caring counsellors. It seemed to us that she knew she was "home" from the very beginning.

The group home was extremely well-managed with a warm and caring atmosphere and Penny received outstanding care. CLC accommodated Penny's long term male companion in the group home which enabled them to continue to enjoy each other's company. Always encouraged by the friendly, attentive and professional staff, she began to speak more words and communicate more effectively than she had in years. We could not imagine a better or more loving home for her!

Penny passed away in June 2017. There was no doubt that she had been very happy in Cambridge. Our family would like to thank and could not be more grateful to the dedicated staff for the superior care provided and the wonderful life Penny had at Community Living Cambridge.

The Stuart Family

## FRANKLIN CENTRE Milk Bag Bed Mat



The Franklin Centre folks have just completed their first milk bag bed mat!

Now that we have the process down pat we are excited to continue on but we need your help.

Each mat takes more than 500 milk bags to create and we are almost out. **We are asking you to ask friends, neighbors and your program to help us by sending us bags.** We need the exterior bag (not the ones that contain the milk) and we would appreciate all that you can send to us here at Franklin Centre.

They can be dropped off anytime Monday-Friday between 8am & 4pm.

Thank you so much for your help with this!

## PHOTOS



Olympic Parade



Jacob Scrapbooking



Emese gave Brenda a "makeover"



1st Anniversary Prairie Lakes Room

## NEWS FROM FRANKLIN CENTRE

### We have made it to our 1st Anniversary!



First Anniversary Great Lakes Room

On February 6th, 2018 we celebrated one year as "The Franklin Centre" and what a year it has been! To celebrate we all enjoyed some cake! The team has worked hard at developing programs that people have asked for and that they have said they have enjoyed. We continue to look at ways to get out into the community and to invite the community to get involved with us. We will be sending out a survey to get more feedback from you on how we are doing and what you are looking for in programs.

We are in our second month of our first Session for 2018. We have reduced our sessions to 3 per year and lengthened them to 16 weeks from 12. This helps cut down on the amount of paper we go through and – with fewer transitions to make – we hope that it will create less stress for some folks.

After careful deliberation we ended the work portion of the program in December. With new legislation around Bill 148 we determined we could not continue with it. We are offering some work skills development programs (such as our Job Survival Skills) and are working with our agency's Community Networks Program to access volunteer opportunities through their Action Squad. Please contact Kerri or Karen for more details.

Our new sign is now up and running and it looks amazing! We are just getting the hang of uploading pictures and text and will highlight people and events on it regularly.

We have had a great response to our request for milk bags for our Milk Bag Bed Mat program. Kuntz Electroplating in Kitchener has offered to partner with us to collect bags and we look forward to connecting with them. We need up to 500 bags for each bed mat so keep on sending in your milk bags as well and thank you for the support.

Plans are still on the books to proceed with work on the kitchen but we had one of our rooftop heating units break down and it's a big expense to replace. With that in mind (and work in progress on next year's budget) we're continuing to look at how best to proceed. We are looking into other locations that we might be able to do some cooking programs in the future and we will keep you posted.

And last, but not least, we want to say CONGRATUALTIONS to some of our Franklin team being recognized for years of service: Teena Bickford - 30 years, Jonathan Turnbull - 25 years, Nicole Doyle & Mark Evans - 20 years and Filomena Cruz 15 years.

Thank you all for your commitment to our program and our agency!

Karen, Kerri and Franklin Centre Team



# Tired of waiting for services?



## VISION

People empowered through opportunities and supports to realize their dreams.



## MISSION

Journeying together, we create opportunities to support people with developmental disabilities to realize their citizenship and aspirations.

## Passport Funding? STEP this way...

Community Living Cambridge offers unlimited possibilities for those wanting participation supports, and are in a position with Passport funding from the Ministry of Community and Social Services or other financial means, to design and purchase services.

CLC provides services to well over 500 individuals in Cambridge. We offer a full range of established day programs to suit individual needs, ages and areas of interest. Have a look at our listing of current STEPS modules available on our website.

Feel free to contact **Christa Moniz 519-623-7490** for further information or to design a personalized program to meet your needs and your budget.

**COMMUNITY LIVING**  
Cambridge

Celebrating our 60th year of Inspiring Possibilities

**Let Community Living Cambridge show you the way today!**

[www.communitylivingcambridge.ca](http://www.communitylivingcambridge.ca)  
519-623-7490 ext 2233 Christa Moniz  
[CMoniz@clcambridge.ca](mailto:CMoniz@clcambridge.ca)

# Community Connection's Employment Highlight

Community  
Networks



## Continuing the Partnership with Dare Foods: One year later

*"Success at Dare Foods will be our success, as it will mean more employment opportunities for people supported by Community Networks!"*

On February 7, 2018 eight participants from Community Networks celebrated the first anniversary of an exciting partnership with Dare Foods. With the acquisition of a large new facility on Cherry Blossom Road in Cambridge, Dare Foods opened a co-packing department.

In August of 2016, Community Living Cambridge, Supported Employment Services, in partnership with the Ontario Disabilities Employment Network, began negotiations that would ultimately lead to 6 full time positions for our participants. Dare has committed to keeping a 50% ratio of staffing within this department through CLC. We have since added more opportunities to participants. Success at Dare Foods will be our success, as it will mean more employment opportunities for people supported by Community Networks.



Pictured: the co-pack crew (with summer students and temporary personnel included)

The participants love their positions as warehouse associates. They receive full time hours at competitive wages and are eligible for full company benefits. The staff and management at Dare Foods are committed to fair and equal treatment for all employees and have been open to any and all accommodations requested to ensure the success of the employees.

Submitted by: Joe Sousa, Supported Employment Services

**Advertise**  
WITH CLC For more info. call  
Grace at 519 623-7490



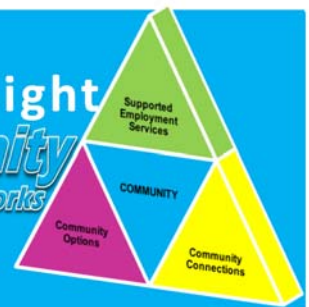
Did you know that you are supporting Community Living Cambridge when you buy Break Open Tickets, also known as Nevada Tickets?

They are only available at Mr. Convenience Too at 55 Beverly St, Cambridge, ON N1R 3Z4. While you are there, fill up with gas! You will find the lowest rates for gas at Mr. Convenience!



# Community Connection's Employment Highlight

Community  
Networks



## Community Connections - Social Connections updates

*"Come join your friends and meet new people."*

So winter has arrived and left and arrived again! So don't put those snow boots away just yet. Social Connections has a few upcoming events in the Spring.

Join us for a coffee night at the Melville Cafe Monday March 19th from 6:30 to 8 p.m. Come join your friends and meet new people. A night at Laser Quest is also on the horizon.

Stay tuned for future dates in April.

Check out the pictures from the recent Christmas Dinner celebration and shopping night at the Cambridge Mall. If you're a member of Community Connections, you're welcome to attend any of these activities. Give your job coach a call (Jane or Nicole) if you'd like more information.

Submitted by: Jane Spina Community Connections Job Coach







## Our Action Squads Continues

*"This group has a lot of fun joking around and laughing with new friends they have made at both sites."*



Action squads are teams of four that volunteer with various organizations within the community.

We have action squads at Rare, the Cambridge Food Bank and Community Support Connections doing a variety of activities from weeding and maintaining the trails to packaging food into individual portions.

If you are interested in volunteering in a group, let Community Networks know.

We are happy to report that Community Networks continues to support the 3 Action Squads within the community.

The Action Squad I support once a week volunteers at a couple different locations. Some weeks our group of 4 participants puts bulk food items into single servings and labels them accordingly for the Cambridge Food Bank.

The other weeks the team volunteers with Community Support Connections cutting down paper bags which are used for prepared meals to be delivered to those who need them.

This group has a lot of fun joking around and laughing with new friends they have made at both sites. Helping out with organizations in the community feels good and the team feels proud of what they accomplish each week.

By Nicole Fraser, Community Connections Job Coach





Community Networks Connecting with our Community

*Community  
Networks*



## COMMUNITY NETWORKS PARTICIPANTS - GET YOUR GAME ON!

*"Our group of bowlers are always supportive and encouraging of each other. The evening is always full of smiles, laughter, memories and definitely some friendly competition."*



Feeling the winter blues? Do you love to bowl? Are you a participant of Supported Employment Services or Community Options? Why not come out and join your friends at our Get Out – Get Happy bowling event.

Once a month we host a get together at iBowl for 2 games of bowling. Whether you're an avid bowler or are looking to practice and improve your game, this is the place to do it.

Our group of bowlers are always supportive and encouraging of each other. The evening is always full of smiles, laughter, memories and definitely some friendly competition.



Why not make it a monthly activity?

Venture out of your house for this Community Networks event!

Our next fun filled evening is scheduled for  
**April 5, 2018  
from 6:30-8pm.**

What are you waiting for?

By Kim Seed,  
Community Options Job Coach







May you always  
FIND REASON TO

Smile

COMMUNITY LIVING  
Cambridge

For inquiries on Volunteering please contact our Volunteer Coordinator: Sandy Caple for more information.

Sandy Caple can be reached at Franklin Centre Monday-Thursday between 9am & 3:30pm 519-621-0680 or by email: [scaple@clcambridge.ca](mailto:scaple@clcambridge.ca)

# Volunteer Opportunities

**Bingo Volunteers:** We are now recruiting for 2 more Bingo fundraising volunteers to help with various fundraising bingo events. We need YOU to become a bingo volunteer! If you are available on Wednesday nights and Saturday afternoons for 2.5 hours let us know.

Bingo volunteering is fun, low stress, and above all, easy! You can do it with a friend or co-worker. The bingo hall offers 3 training sessions each month at various times.

**Enhanced Day Programs:** We are looking for volunteers help in the Franklin Centre Day programs. Support or facilitate music programs, exercise classes or many other programs. If you have the ability to sing, play the piano or guitar, if you are a certified trainer or if you are an artist let me know. Share your talents with us one morning or afternoon. It's guaranteed to be a lot of fun!

*Celebrate the value of volunteering!*  
Building *confidence, competence, connections, and community*



National Volunteer Week:  
April 15-21, 2018

# May you rest in Peace friends...



**Holly Radcliffe**

Dec. 13, 1963 – Jan. 27, 2018

On Saturday January 27, 2018 an angel got her wings. Holly Radcliffe passed away unexpectedly. Holly will be forever remembered for her infectious laugh, and her love of sports, specifically the Toronto Maple Leafs and the Toronto Blue Jays.

Holly was a kind and generous soul that was literally happy all the time. Often referred to as Holly Dolly because she was as cute and sweet as a dolly. Holly loved food especially spaghetti, chocolate cake, and pop. Our Carlos family misses you Holly... you are dancing on the clouds and forever in our hearts.

In Memory

Of...



**Joanne Wilkie**

Dec. 20, 1956 – Jan. 31, 2018

Joanne passed away at Cambridge Memorial Hospital on Wednesday, Jan 31, 2018.

She was a resident of Community Living Cambridge for 41 years.

Joanne had a vibrant personality, an incredibly witty sense of humour; and she quickly made friends with those she met by saying, "Hi Friend!"

In recent years, Joanne resided at the North Lodge group home where she is greatly missed.

Joanne will be remembered fondly throughout the agency by all who had the pleasure and honour of knowing her.



**Elaine Dougherty**

Jun. 19, 1963 – Jan. 8, 2018



**Bryan Wallner**

Jan. 2, 1952 – Dec. 23, 2017

Bryan Wallner passed away at Cambridge Memorial Hospital on Dec 23, 2017 after a short and courageous battle with cancer.

Bryan was supported by Community Living Cambridge for a little over 30 years. In that time, his bright smile, quiet voice, manner and sense of humor endeared him to many. He could be counted on to share his keen observations in a short and succinct manner. He loved many things especially coffee, travelling, the color red, all things related to cowboys, dinky cars, etc.

To quote one of Bryan's housemates.... "Bryan has no more pain. He is up in heaven now, eating supper, drinking coffee and looking down on us." You are missed and loved by many, Bryan.

Elaine passed away at her Leslie Ave group home on Jan 8, 2018, after a brief illness. She received excellent care and support from an amazing team.

Elaine was part of the Community Living Cambridge family for 20 years. She attended ADP and enjoyed seeing her friends daily, and participating in many events.

Elaine was a pleasant woman who offered a wave and "Hi" when she saw you. Elaine was adored by all; and her loss is hugely felt by everyone who knew her.





# Yearly Participant RIGHTS Training WORKSHOP

This interactive workshop will give you information about:

- Your rights and responsibilities
- How to recognize if you need help
- Identify who or where you can go for help
- How to develop a Safety Plan

*Please call the Main Office at 519-623-7490*

*to register for ONE of these dates:*

*March 14th or 15th from 6:30 - 8:00 pm*

*In the Trillium Room. Spaces are limited so call now!*

Presented by **COMMUNITY LIVING** Abuse Prevention Committee  
Cambridge

## Upcoming dates to remember for Franklin Centre

<b>Fri. Mar. 30:</b>	<b>Good Friday – Program Closed</b>
<b>Session 2:</b>	<b>Registrations due by March 29th</b>
<b>Transition Week:</b>	<b>Apr. 30 – May 3</b> (open but limited programs)
<b>Fri. May 4:</b>	<b>Closed for Staff training</b>
<b>Mon. May 7:</b>	<b>Session 2 begins</b>
<b>Mon. May 21:</b>	<b>Victoria Day - Program Closed</b>
<b>Mon. Jul. 2:</b>	<b>Canada Day – Program Closed</b>
<b>Mon. Jul. 30:</b>	<b>Summer Shutdown &amp; Civic Stat will reopen Tue.</b>
<b>Aug. 7</b>	
<b>Session 3:</b>	<b>Registrations due by August 10th</b>
<b>Transition Week:</b>	<b>Aug. 27- 31- open limited programs</b>
<b>Mon. Sep. 3:</b>	<b>Labour Day - Program Closed</b>
<b>Fri. Sep. 28:</b>	<b>Closed for Staff training</b>
<b>Mon. Oct. 8:</b>	<b>Thanksgiving Program Closed</b>
<b>Session 1:</b>	<b>2019 Registrations due by November 30th</b>
<b>Mon. Dec. 24:</b>	<b>Christmas Break reopen Wed. Jan. 2</b>

## COMMUNITY LIVING CAMBRIDGE ACTIVITY GUIDE



### TORONTO BLUE JAYS vs. Kansas City Royals

Wednesday April 18th, TORONTO ON

Game time: 4:07pm

Join us as we cheer for our Blue Jays!  
Today is also Blue Jays Back-to-Back world series sweatshirt GIVEAWAY DAY (L/XL only). Free sweatshirt to the first 20,000 fans. We will do our best to make sure we arrive early in the chance to receive a sweatshirt.

**\$ 70.00 Per Person**

Bus departs at 1:00 p.m. from the Operations Centre (160 Hespeler Road) and returns at approximately 9:00 p.m.

### Early Legends Show

**Showplace Bingemans, Kitchener ON  
Wednesday June 13, 2018**

Join us as we listen to music from the Early Legends of Rock and Roll. Buffet lunch-eon menu includes: Bread, rolls & butter, healthy salads, two hot entrees per show, potatoes and vegetables, pudding, pies and cake and coffee/tea.

**\$ 60.00 Per Person**

Bus will leave the Operations Centre at 11:30 a.m. & returns at approximately 4:30 p.m.

### SPRING FLING DANCE

at the Cambridge Newfoundland Club

Monday May 7th, 2018

6:30 p.m. – 8:30 p.m.

\$6.00 per person pay at the door

For the complete guide or more info.  
please call **Judy M. at 519 623-7490**



**Special Olympics**

ONTARIO—CAMBRIDGE

win at sand1940@golden.net

Summer Sports Registration will take place on Thu. Apr. 26, 2018 at the OPS Centre (160 Hespeler Road) from 6:00p.m. –8:00p.m.  
Contact Sandra Good-



## Ways to give and make a difference today!

With your help, we will create opportunities to support people with developmental disabilities to realize their citizenship and aspirations!

1. A donation by mail or in person or over the phone.

Our reception staff is available at 519-623-7490 to process your donation over the phone.

2. A donation online via **CanadaHelps.org**

3. Enroll in our monthly giving program

4. Give a lasting gift by way of a Planned giving or Endowment

## About our Newsletter:

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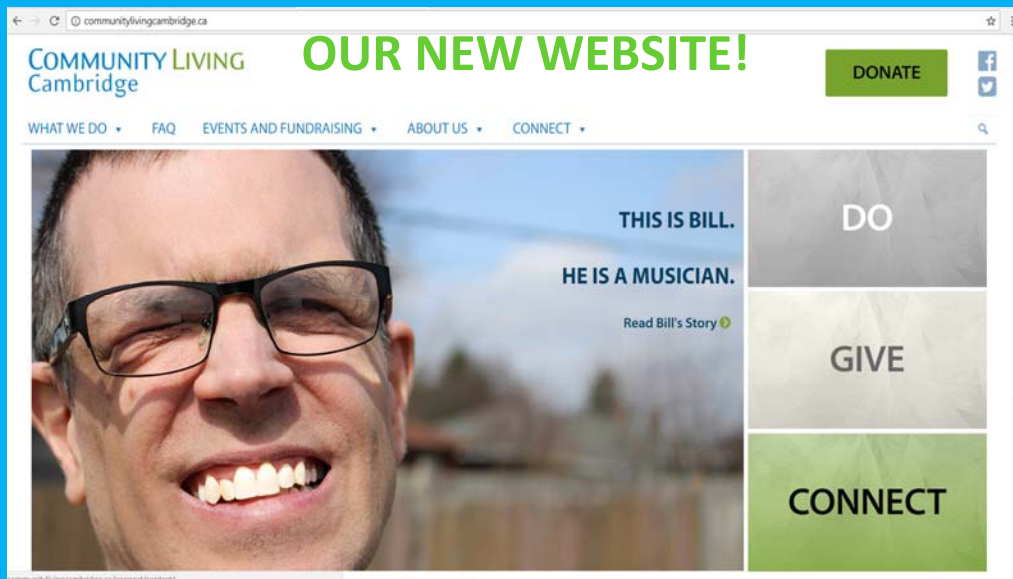
### NEWS ARTICLES ARE PRECIOUS:

The next edition will be our **Summer edition** which will be re-released in **July 2018**. Please send your articles in as soon as you have them ready. We are always looking for content related to:

- Events
- Fundraising
- Program offerings
- Milestone Birthdays and Candid photos
- In Memoriam
- Advertise with us - ask for rates
- Feedback

Any content that Inspire Possibilities are greatly appreciated!  
Send your articles to [gsantosgould@clcambridge.ca](mailto:gsantosgould@clcambridge.ca) Thank you!

**Subscribe to our Newsletter to keep you current!**



**Community Living Cambridge has a new website! Give us your feedback, we would love to hear from you!**



## Connect with us!



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## Join our team!

APPLY NOW

**COMMUNITY LIVING**  
Cambridge



If you're looking for a rewarding job with great co-workers and competitive pay, then look no further.  
We are hiring part-time weekend staff. Students welcome.

Send resume to [mbugeja@clcambridge.ca](mailto:mbugeja@clcambridge.ca)