

INSPIRE POSSIBILITIES

Fabulous Fashions The Grand Finale on Nov. 8, 2018!

FABULOUS FASHIONS BEAUTY REDESIGNED PRIZE DRAW

WIN ONE OF TWO PRIZES

WIN Two Tickets to see the Toronto Raptors During the 2018/2019 Season (Date TBD) at the Air Canada Centre

Great Seats! Behind Raptors Bench





this issue

Fashion Show Raffle P.01 Summer 2018 Has Arrive P.02 Annual General Meeting P.03 A Classic 'Sunday Funday' P.04 Me Day. CLC Self Advocat P.05 Franklin Centre Update P.06

Community Connections P.08

Daytrips P.11

Tributes P.12

HELP US, HELP OTHERS!

Quality auction items needed for Fabulous Fashions The Grand Finale! To donate items please contact COMMUNITY LIVING Theresa Haight at 519 623-7490 or at thaight@clcambridge.ca



WIN a WESTJET return trip for two!

Voucher covers all air travel, taxes, and surcharges to any WESTJET destination, up to a maximum value of \$2900.



Draw will be held November 8, 2018 at the Fabulous Fashion Show - Bingemans All proceeds help support CLC programs.

COMMUNITY LIVING

TICKETS ARE \$ 5 EACH OR 3 FOR \$ 10

Tickets can be purchased at the CLC Main Office 519-623-7490

"Did you know... The Fashion Show began 10 years ago out of a desire to fulfill a participants hope and dream of having the opportunity to walk down the runway modelling clothing. We made this a reality and it has become an annual event where participants, staff and members of our community rally together for the cause. Many first time attendees leave misty-eyed experiencing first-hand the joy and sense of accomplishment seen on many faces. The fashion show has fulfilled many dreams, brought many smiles and made many memories.

Summer 2018 has arrived with ATTITUDE!

"A big change that is currently being rolled out by the Ministry of Community and Social Services is the newly announced dollars for Passport."



I hope you've found a way to get out and enjoy the sunshine and summer activities, and found a way to keep your cool as you enjoy these very hot days. We all need to remember to hydrate, that sunscreen is our friend and that Christmas is only 5 months away!!!

I hope you might find a shady spot and a few moments to sit and read through the newsletter. There are wonderful articles and news items about events and activities that may be of interest to you or a loved one.

A big change that is currently being rolled out by the Ministry of Community and Social Services is the newly announced dollars for Passport. This is an area where CLC offers support, planning and staffing for those people looking to utilize their Passport dollars in a meaningful, engaging way. Don't hesitate to call if you want some information about how we may help with creative planning and effective use of these supports.

I wish you a safe and happy summer filled with all the things that bring you joy!



Denise Gruber,
Executive Director



Would you like to learn about Wills, Power of Attorney and Future Planning for your loved ones?

If the answer is 'Yes', we could help.

Learn, how. Call Reception for more information at 519 623-7490.



Did you know that you are supporting Community Living Cam-

bridge when you buy Break Open Tickets, also known as Nevada Tickets?

They are only available at Mr. Convenience Too at 55 Beverly St, Cambridge, ON N1R 3Z4. While you are there, fill up with gas! You will find cheap gas at Mr. Convenience!

CAMBRIDGE BUSINESS INCLUSION AWARD



Pictured from left to right, Bruce McNeil, Mary Fleet, Soren Martin & Al McNeil



Congratulations to McNeil Auto, for being the first recipient of the Cambridge Business Inclusion Award held at Franklin Centre on May 8th, 2018.

McNeil Auto Supply was selected for their demonstrated commitment to supporting individuals with developmental disabilities and promoting a more inclusive workplace. Bruce McNeil believed that, "Everyone deserves a chance. You'd be surprised at what they are capable of." Thank you to McNeil Auto for giving Soren Martin the opportunity to show what he is capable of. Soren has been working for McNeil Auto for 20 years and has become part of the family. Soren is McNeil's longest paid employee. For more information about this story go to https://communitylivingcambridge.ca/whatinclusion-looks-like/

64th Annual General Meeting of CLC

"Photos taken at the AGM that highlighted the event. Thank you all for joining us!"

Photos by Theresa Haight—thank you!

























The Annual General
Meeting of Community
Living Cambridge was
attended by 257 guests.
Amongst in attendance
were: Waterloo Regional
Chair Ken Seiling & Lina
Veglia on behalf of City of
Cambridge Mayor and
Councillors.

The event was held at Sunbridge Hotel & Conference on Holliday Inn Dr. The evening was made special by the Hotel staff led by Tracey Penney.

We would like to welcome our new Board President Andrew Melchers & Vice President Heather Schmitz. A special thanks to Silvana Henneman for all her service & dedication as a member of the Board. Silvana has retired from the Board.

Today, Franklin Centre is thriving & has undergone major transformation, thanks to Karen Ferguson's dedication! She has announced her retirement as Program Manager of Franklin Centre. Karen will be missed! Best wishes to Silvana and Karen on their retirements.

Terry Lake will continue his passionate work in the Board as our Past President.

A successful & memorable year was celebrated on June 12th, 2018! Thank you all for your continued support!

By Grace Santos Gould









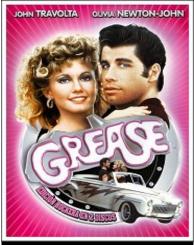




A CLASSIC 'SUNDAY FUNDAY' SPECIAL



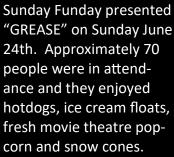




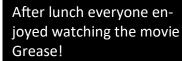












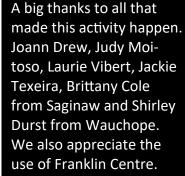










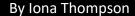












Me-Day. CLC Self Advocates Conference

"Mission accomplished!"



It started with a group of committed staff decided to form a leadership team after participating in the agency-hosted Project Management workshop. During this training, staff learned systems and techniques to carry a project from its conception and planning, all the way to measureable results.

A few weeks later, Cindy McDonald, Tamara Kuzmich, Felicia Lyn, Tammy Soper, Karley Babb, and Melisa Conley presented a proposal for the first Community Living Cambridge Self Advocates Conference, to be hosted at our very own Franklin Center.

The goal of the conference was to focus on a holistic approach to self-care.

The conference took place on June 2nd. Sixty-nine people registered to participate, including people supported by agencies in Kitchener, Waterloo, Guelph, and Elmira.

More than 90 people including support staff and volunteers were in attendance. I knew it was going to be a great day when I arrived to Franklin Center to find festive balloons and a lineup of people waiting to get into a beautiful and welcoming room.

The organization was such that everyone knew what do, where to go, and what workshops to attend. As the morning went by, I sensed such a positive atmosphere of people enjoying the activities, getting to know each other, proudly sharing their experiences, and having a great time.

Participants had an array of practical and fun activities to choose from that included:

- Music
- Mindfulness practice
- Oil painting
- Exercise & Nutrition
- Lava bracelet making
- Hair, nails, & makeup session
- Making bath bombs
- Massage therapy session
- Flower arrangements







And to make it more memorable, and after having the opportunity to meet new people during a wonderful, healthy, and delicious lunch, the day was wrapped up with a dance party.

Based on the feedback we received and the number of positive comments from people who participated, the event was a success. Not only was it well organized, and well attended, but also flawlessly delivered and all its goals achieved.

So, thank you leadership team for all your hard work that resulted in this extraordinary and memorable event for many people. After all, in the words of the experts, leadership is the capacity to translate vision into reality.

Lourdes Toro, Dir. of Prog. Dev. & Res. Services













PHOTOS

Thank you Home Depot!







FRANKLIN CENTRE

Milk Bag=Bed Mat

We need more Milk Bags for Bed Mats project. Each mat takes more than 500 milk bags to create and we are almost out. We are asking you to ask friends, neighbors and your program to help us by sending us bags. We need the exterior bag (not the ones that contain the milk) and we would appreciate all that you can send to us here at Franklin Centre.

They can be dropped off anytime Monday-Friday between 8am & 4pm.

Thank you so much for your help with this!

The Franklin Team

NEWS FROM FRANKLIN CENTRE

HIGHLIGHTS FOR SUMMER 2018

The sun is finally shining and we are rolling along into our second month of Session 2!

We have had great success with our milk bag bed mat program - such a good response from everyone we have built extra looms and have completed our 5th mat. When we reach 10 we will be arranging to donate them to folks in need both locally and abroad. We are also still looking for plastic lids (any type or colour – from water bottles, soft drinks, jar lids etc.) as long as they are plastic please send them here to Franklin Centre or our main office. The more we have the larger our art project can be!

We are very excited about a new project with Home Depot. They donated 2 green houses and 2 accessible planters to our program. On June 28th their volunteers joined forces with our volunteers and set these up. A big thank you to Home Depot!

Another exciting event coming up is our CLC's Next Top Model. To help celebrate our agency's 10th and last fashion show, we will be hosting a modeling contest over the summer at Franklin Centre. The top male and female will be guaranteed a spot in the fashion show in November. A flyer will be sent out this month with the details.

We are pleased that we will be having 4 summer students joining us for July and August. Returning from last summer: Jocelyn, Jeffrey and Cassandra and new as a summer student but a regular volunteer is Miranda. We look forward to having them on our team.

We will be working on the 3rd session (Fall) programs over the next month and will be sending out registration packages mid July. The 3rd session will be starting on Tuesday September 4th. Transition week will be August 27 to 31. We are going to outline the activities being run during transition week to help everyone who is attending to be able to determine what they wish to do. We hope that this will make this time easier for individuals who need the structure but still allow the facilitators time to prepare.

For those of you who have been asking; the agency is working on a plan for the management of Franklin Centre when I leave at the end of August. Details should be completed by mid July and will be shared then. Don't forget that we do have 2 Managers here at Franklin and Kerri Galvao will be here for "the long haul".

Thank you all for your commitment to our program and our agency!

Karen, Kerri and Franklin Centre Team

Upcoming dates to remember for Franklin Centre

Mon. Jul. 30: Summer Shutdown & Civic Stat will reopen Tue. Aug. 7

Session 3: **Registrations due by August 10th**

Transition Week: Aug. 27-31- open limited programs Mon. Sep. 3: **Labour Day - Program Closed**

Closed for Staff training Thanksgiving Program Closed

2019 Registrations due by November 30th Session 1: Mon. Dec. 24:

Christmas Break reopen Wed. Jan. 2

Tired of waiting for services?



VISION

People empowered through opportunities and supports to realize their dreams.



MISSION

Journeying together, we create opportunities to support people with developmental disabilities to realize their citizenship and aspirations.

Passport Funding? STEP this way...

Community Living Cambridge offers unlimited possibilities for those wanting participation supports, and are in a position with Passport funding from the Ministry of Community and Social Services or other financial means, to design and purchase services.

CLC provides services to well over 500 individuals in Cambridge. We offer a full range of established day programs to suit individual needs, ages and areas of interest. Have a look at our listing of current STEPS modules available on our website.

Feel free to contact **Christa Moniz 519-623-7490** for further information or to design a personalized program to meet your needs and your budget.

COMMUNITY LIVING Cambridge

Celebrating our 60th year of Inspiring Possibilities

Let Community Living Cambridge show you the way today!

www.communitylivingcambridge.ca 519-623-7490 ext 2233 Christa Moniz CMoniz@clcambridge.ca

Community Connection's Employment Highlight

COMMUNITY Networks

CONGRATULATIONS PETER & WENDY!

"Wendy was able to celebrate her 25 years of volunteering with some of her fellow Idea Exchange volunteers in early April and then celebrated her retirement at the end of April!"



Not only did Wendy Boycott reach her 25 year milestone this past April, volunteering with the Cambridge Idea Exchange, but she celebrated her retirement from this position as well. Wendy has volunteered at all three Cambridge library branches; most recently she has spent her last 5 years at the Galt branch. Wendy was able to celebrate her 25 years of volunteering with some of her fellow Idea Exchange volunteers in early April and then celebrated her retirement at the end of April.

Peter Rice achieved his 10 year volunteering milestone in April for his dedication to the Cambridge Idea Exchange. Peter has worked at the Galt branch and thoroughly enjoyed his position which involved putting away videos/DVDs. Peter has also decided to retire from this position and was recognized alongside his co-volunteer Wendy at the end of April.

The teams at Idea Exchange and Community Options are very proud of both Wendy and Peter's accomplishments and are excited to see what the next chapter of their lives have to bring.

By Kim Seed, Community Options Job Coach

Community Networks "BIG EVENTS" Cambridge Tour de Grand 2018



We did it again! A group of 11 volunteers from Community Networks "Big Events Team" assisted Tour de Grand as Traffic Marshalls. It was the 21st year for the event and we are proud to say that we've volunteered for the past eight. A huge thankyou to our volunteers. Your time is valuable yet you give it selflessly. You ROCK!





For inquiries on Volunteering please contact our Volunteer Coordinator: Sandy Caple for more information.

Sandy Caple can be reached at Franklin Centre Monday-Thursday between 9am & 3:30pm 519-621-0680 or by email: scaple@clcambridge.ca

Volunteer News

In February we welcomed a co-op student from St. Benedict Catholic Secondary School and 7 placement students from Mohawk College, Conestoga College and Canadore College in Sudbury. These students have been a great asset to our Franklin Centre day program line up.

They are having fun helping in the many programs as well as learning a whole lot about our services and themselves. The college students ended placements in mid-April while our Bennies student finished up mid-June.

We are thrilled to have our St Benedict

student come back to join us in July as a Bona Fide CLC volunteer for the summer. Many Thanks to all our students!

In April we held our annual volunteer appreciation event. Night at the movies. We had over 65 people in attendance. Once again we sent out a large number of electronic email invites to our active volunteers. The response was very positive once again. We will continue to send out Evites to all our volunteers who have provided an "up to date" email address.

To all our volunteers in 2017... please check that we have the correct email

address for you as well as your regular mailing address. This will allow us to ensure no volunteer is missed when we send out our invites for volunteer appreciation week next April.

In May we re-established partnerships with the Galt Horticultural Society (GHS) and with Breathe into Motion (BIM) Yoga studio. The horticultural society will be helping with our gardening program and "Yoga with Mike" will be volunteering his time to teach entry level yoga in the fall session at Franklin Centre.

A special Thank You and Welcome Back! to both GHS and BIM!



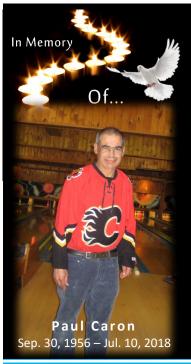
Volunteer Spotlight on Caitlin Sullivan

Caitlin is a graduate of McMaster University. She spent this past year volunteering for Community Living Cambridge while saving for medical school. She has spent most of her time as a Program Assistant at Franklin Centre. She has also been a regular Bingo volunteer and helped at the Christmas Dance this past December. Caitlin has recently been accepted to medical school at the University of Western Ontario. Caitlin has been an incredible asset to our Franklin Centre. Please join me in wishing her well, as she begins her journey to becoming a world class physician. She will be missed by both the staff and participants at Franklin Centre. Good luck Caitlin!

Volunteer Opportunities

Franklin Centre Day Program - Volunteers are needed to help out in any of our day time recreation programs that run for 15 weeks at a time, seasonally. This is a great way to share your skills, have fun, and learn about our demographic in a structured environment with staff support. Enquire about becoming a Franklin Centre Volunteer today!

Leisure Buddies - This is a very interactive volunteer placement that requires you to be interested in having fun out in the community. We need male and female volunteers to be matched up with a buddy to take part in social outings in the community. If you like to go to the movies, pay video games, take walks or just go out for coffee... join us!



May you rest in peace Paul...



Paul passed away peacefully at the age of 61 with his family by his side. Paul was an important person within the Cambridge community. Paul has been part of Community Living Cambridge since 1975. Paul has touched many lives with the many places he has lived and attended.

He worked at a couple of the local restaurants, KFC and A&W. Paul also attended ARC Industries that is now named Franklin Centre. He really loved being able to volunteer his time at the local Food Bank and often talked about the people he had assisted with bagging groceries or putting them in their car. Paul often stated he loved being able to help people.

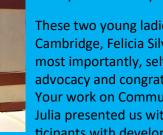
Paul had some personal struggles that he was able to overcome and go on to achieve great personal goals. Paul recently celebrated his 4843 days of sobriety with his peers and friends at Franklin Centre. Paul's greatest love was sports. He had favorite teams: Blue Jay's and Maple Leafs. His jerseys with team players names and numbers were always a hit with his friends. He could often be found trading player cards and his collection is extensive.

Paul is going to be missed by his family, friends and all the many people he has touched with his sense of humor. By Neena Rikkonen

Our future is great with these Philanthropists!



"The youth of today are the leaders of tomorrow." By Nelson Mandela



These two young ladies are students from Monsignor Doyle Catholic Secondary School in Cambridge, Felicia Silva and Julia Louro embodies great leadership spirit, philanthropy and most importantly, selfless and generous. Thank you for your compassion and dedication in advocacy and congratulations for winning the Youth and Philanthropy Initiative (YPI) Canada. Your work on Community Living Cambridge warmed our hearts! On Jun. 21, 2018 Felicia and Julia presented us with a cheque for \$5000, what an honour that was! This will help our participants with developmental disabilities triumph and flourish and you both have made a profound impact not just in our agency but the Community!



We are proud of Felicia and Julia for their wonderful work that helped us raise awareness of what we do in the Community. You both have demonstrated the value of youth involvement and made a difference at such a young age! Our heartfelt gratitude to you both and the other teams that selected CLC, as well as, Monsignor Doyle Catholic Secondary School in Cambridge and Youth and Philanthropy Initiative (YPI) Canada! On behalf of CLC, all the very best to all of you on your future endeavours and thanks! By Grace Santos Gould



HONDA Test Drive for Charity event

Thank you Cambridge Centre Honda for your fundraising event, Test Drive for Charity and for your commitment to giving back to our community! We are thankful for being selected as one of the 12 local charities you are supporting and we were selected for the month of June. We are sincerely grateful for receiving \$1930!

Test Drive for Charity of Cambridge Centre Honda will continue its drive; donating \$10 per customer test drive, in support of a local charity Cambridge Centre Honda designates. Make sure to present a Test Drive for Charity voucher to your Sales and Leasing Consultant before you take your test drive, and Cambridge Centre Honda will increase the donation to \$20!

Friends of CLC let us continue to support all the other local charities and Cambridge Centre Honda. Let us help each other build a better community! Test drive a car today!



June 2018

LEGAL UPDATE



Upcoming Changes to ODSP!

Ontario residents with disabilities can expect to see major changes to the Regulations ${}_{[1]}$ under the *Ontario Disability Support Program Act* ${}_{[2]}$ (the "Regulations") in the months to come. These changes – outlined in prospective amendments to the Regulations and the government's proposals in the 2018 Ontario Budget (the "Budget") – represent substantial improvements to welfare in the province.

Asset Exclusions

Currently, under the Regulations, the prescribed asset limit for a single ODSP recipient is \$40,000. [3] Many people with disabilities struggle to qualify or maintain eligibility for ODSP due to this restriction. Although the Regulations contain exemptions for certain classes of assets, they do not go far enough to ensure that people with disabilities can maintain a reasonable standard of living without having to sacrifice assets intended to support them well into the future.

Under prospective amendments to the Regulations, effective September 1, 2018, funds held in a Registered Retirement Saving Pan ("RRSP") or Tax-Free Savings Account ("TFSA") will no longer be included in the calculation of assets. This means that funds in an RRSP or TFSA will no longer result in the person's automatic disqualification for income support. It should be noted that, given that RRSPs and TFSAs contain internal limits on the amounts that can be contributed per year, i.e., the "contribution room," ODSP recipients will not be able to shelter an indeterminate amount of assets within these accounts.

The Budget proposes a complete elimination of cash and other liquid asset limits, to be effective at some point during the 2019-20 fiscal year. However, we will await the new government's response to this proposal.

Income Exlusions

Effective November 1, 2018, the Regulations are amended to exclude from the calculation of income any payment from a trust or life insurance policy, gifts or other voluntary payments to an ODSP applicant or recipient. Currently, such payments — unless used for a specified purpose, such as to contribute to an RDSP — are excluded from income only up to a maximum of \$10,000 for any 12-month period. This restriction has had the effect of discouraging families and friends from making gifts to their loved ones on ODSP out of fear that they might jeopardize their eligibility status. The restriction has also placed undue limitations on the amounts that trustees could disperse to beneficiaries of Henson Trusts.

Once the amendments come into effect, ODSP recipients will be able to receive payments from gifts, trusts and life insurance proceeds in any amount. The time has come for Ontarians with disabilities to have the *option* to use their trust funds for paying the cost of decent rental accommodations or other housing costs, purchase healthy food, take a vacation, and/or otherwise live with dignity and enjoy a reasonable quality of life.

Increase in ODSP Rates

The Budget proposes a 3% increase to the ODSP rates in each year for the next 3 years, starting in fall 2018. For single people on ODSP, this means an increase of \$35 per month in the first year, and \$107 per month after three years.

Conclusion

The implementation of the changes described above would make a world of difference to people with disabilities across the province, substantially improving their quality of life and ability for families to plan for a secure future. We wait, along with the rest of the province, to see whether these planned benefits for people with disabilities will be respected by our new government.

We will continue to provide updates as new information becomes available.

[1] O. Reg. 222/98: GENERAL [ODSRA Regulations].

[2] Ontario Disability Support Program Act, 1997, s.O. 1997, c. 25, Sched. B.

[3] ODSPA Regulations , s. 27(1)(a).

COMMUNITY LIVING CAMBRIDGE

ACTIVITY GUIDE



LITTLE MERMAID, St. Jacob's Theatre

Wednesday, July 25/18

In a magical kingdom fathoms below, the beautiful young mermaid Ariel longs to leave her ocean home to live in the world above. When the evil sea witch, Ursula, grants her the opportunity to sprout legs and go after the heart of Prince Eric. Ariel will need help from her friends and family if she is ever to see her dreams come true. Cost is \$ 42.00 Per Person (Departs at 1:00 pm. Returns at 5:00 pm)

JONAS & BARRY IN THE HOME,

Thursday, August 9/18 Hamilton Family Theatre

Two seniors are searching for friendship, love, and elusive happiness at the Gateway Gardens assisted living home. A mirthful and thoughtful exploration of friendships forged and relationships renewed, is a testament to living each day to the fullest – regardless of your age or stage in life.

Cost is \$42.00 Per Person (Meet at the Theatre at 1:30 pm)

MARINELAND, Niagara Falls

Wednesday, August 15/18 at the Cambridge Newfoundland Club

At Marineland you will experience the thrill and sense of wonder that comes from a close encounter with amazing marine mammals. Bring or buy your lunch. Cost is \$ 55.00 Per Person (Departs at 9:00 am. Returns at 5:00 pm)

TORONTO BLUE JAYS, Toronto

Wednesday, August 22/18

Come cheer on your Toronto Blue Jays as they play against the Baltimore Orioles.

GO JAYS GO! Bring or buy your lunch. No glass bottles permitted.

Cost is \$ 65.00 Per Person. (Departs at 10:00 am. Returns at 5:30 pm)

For more information about these DAY-TRIPS & the guide please call Judy or Raj at 519 623-7490 or go to our website https://communitylivingcambridge.ca/events/



Ways to give and make a difference today!

With your help, we will create opportunities to support people with developmental disabilities to realize their citizenship and aspirations!

1. A donation by mail or in person or over the phone.

Our reception staff is available at 519-623-7490 to process your donation over the phone.

2. A donation online via

CanadaHelps.org

- 3. Enroll in our monthly giving program
- 4. Give a lasting gift by way of a Planned giving or Endowment

About our Newsletter:

Published in Issuu Digital Publishing Platform https://issuu.com/communitylivingcambridge

Editor in Chief: **Denise Gruber** Editor, Layout & Design: Grace Santos Gould Proof: **Judy Moitoso**

NEWS ARTICLES ARE PRECIOUS:

The next edition will be our Fall edition which will be released in Sep. 2018. Please send your articles in as soon as you have them ready. We are always looking for content related to:

- **Events**
- **Fundraising**
- **Program offerings**
- Milestone Birthdays and Candid photos
- In Memoriam
- Advertise with us ask for rates
- Feedback

Any content that Inspire Possibilities are greatly appreciated! Send your articles to gsantosgould@clcambridge.ca Thank you!

Subscribe to our Newsletter to keep you current!



Fashion Show and Silent Auction 0 F Bingemans Marshall Hall F Bingeman Park Drive, Kitchener Ī

> Silent Auction open at 6pm Fashion Show starts at 7pm General Admission \$50 Reserved Table \$400 Premium Table \$500

C

ı

Α

L

Ρ

0

S

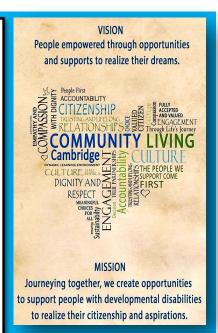
Т Ε

R

All funds raised help build an inclusive community. Consider partnering with us.

COMMUNITY LIVING

NOVEMBER 8, 2018



Connect with us!

https://twitter.com/ clcambridgeON



https://www.facebook.com/ Community Living Cambridge



160 Hespeler Rd. Cambridge, ON N1R 6V7

Phone: 519 623-7490 Fax: 519 740-8073

E-mail: info@clcambridge.ca

Join our team!



If you're looking for a rewarding job with great co-workers and competive pay, then look no further.

We are hiring part-time weekend staff. Students welcome.

Send resume to mbugeja@clcambridge.ca