

### **INSPIRE POSSIBILITIES**

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FASHION SHOW

TICKETS

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The most anticipated Fashion Show is days away.

The exciting gala is packed with entertainment that will surely inspire you! All our Models have been selected and are very excited to strut the runway! Happy Pappy will rock the night away and Darryl Law and Gayle O'Brien from 107.5 Dave FM will dazzle us as our hosts for the evening!

Complimentary appetizers and Cash Bar.

Tickets are available at ticket scene or come by the office!

https://www.ticketscene.ca/ events/21920/



Cambridge

## Autumn ... change is upon us

"A new 'Parenting' course is currently being developed to offer opportunity for a number of people who are either young parents or soon to be parents to learn positive baby care in an environment that recognizes and supports each individuals learning style."

As the leaves on the trees paint a beautiful landscape for us to enjoy, it is also a signal that life carries on day after day, and in this passing, changes come upon us, some expected, some taking us by surprise. The ebb and flow of life in Community Living Cambridge mirrors this reality and we find ourselves with opportunities to grow and adapt, always with the perspective and resolve to ensure the services and supports developed are to the highest

standards and for the well being of those people who choose our agency.

The annual Fabulous Fashion Show – Beauty Redesigned is quickly upon us on November 8, 2018. This is the 10<sup>th</sup> annual show and promises to be another amazing evening filled with celebration, joy and affirmation of the beauty found in all of us. This show has been well received and supported over these past years and we have been grateful for all those people who have worked to make this spectacular gala event such a success.

After a great 'run' of what will be ten years, we have recognized that this will be the last organized Fashion Show of CLC. As you can imagine, it takes an army of people to create this show, generous sponsors both financially and in silent auction donations and a year of work to ensure the evening is a success. After ten years, we believe there is need for another creative venture and a new group of organizers to bring a fresh perspective and energy to both promote and fundraise for our wonderful agency. Perhaps that's you and this is just the opportunity you've been waiting for to explore your idea. We'd love to hear from you!

There are other 'winds of change' upon us as well.

The Franklin Centre's transformation over the past 22 months has been mind boggling with the options and choices for people's involvement during day time hours. We believe there is room to grow and enhance this program further with utilizing the location for some evening and weekend programming options. As a new manager is hired to oversee the Franklin Centre, this will be one of the new directions and mandate they will be asked to bring to the table.

A new 'Parenting' course is currently being developed to offer opportunity for a number of people who are either young parents or soon to be parents to learn positive baby care in an environment that recognizes and supports each individuals learning style. Thanks to a grant from Energy+ we are able to purchase two lifelike and computerized babies that help simulate the requirements of care of young children that will be invaluable tools for this course.

Throughout the agency there are continuing changes, group homes re-located to more appropriate sites or in some cases homes re-purposed to respond to a different set of individual needs. In the Community Participation Supports department, there is renewed energy towards inclusive and integrated program options to maximize prospects for people to enrich their lives.

Change stretches us, it challenges us to think differently, to consider other possibilities, to let our creativity flow. Here at CLC, we are up to the challenge!!



Denise Gruber, Executive Director



# A special thanks to our Fabulous Fashions! Sponsors: (more to follow)

Preston Chiropractic Clinic
D&Z Renovations
Majestic Auto
Integratis Benefit Solutions Inc.
Medprodirect Inc
Preston Medical Pharmacy
Val Brooks

## **Store Sponsors:**

The Bay
Addition Elle





## Kristine, Equipment Manager—appreciated

"One of the biggest things over the season for Kristine was that she prided herself on being the Team's #1 fan!

Kristine Hermonivics aka Equipment Manager of the Cambridge United U17 Ladies Team at your service!

In the spring of 2018 Kristine attended an Applebee's fundraiser held on behalf of the Cambridge Youth Soccer U17 Girls soccer team.



At some point during the fundraiser Kristine decided that she needed to help out and wanted to be a part of the team. After an impromptu interview with Coach Jim Miller and team Manager Jacque Miller, Kristine was welcomed as a member of the team. From that day forward Kristine proudly introduced herself as the "Equipment Manager" to not only the coaches and parents of the Cambridge players but also the opposing team on each game night!

Game in and game out, no matter who the competition was on any given night, Kristine came to the

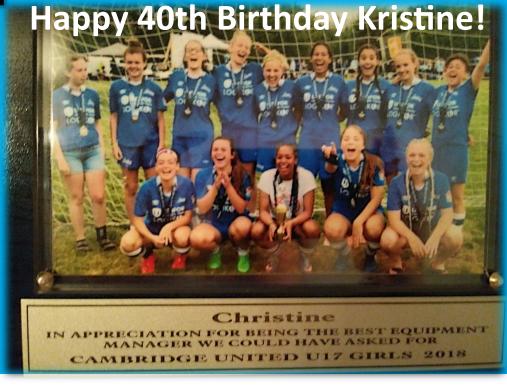
pitch with a positive outlook and energy... well the late games may have been an exception as she was noted on a few occasions to have off but haven't all??!! Kristine was always sure to let the ladies know she believed in each and every one of them and to keep their heads held high. Kristine continues to express, to everyone, how important the role of an "Equipment Manager" played in her life and how welcoming the players and the staff were with her.

Coach Jim enjoyed having Kristine around and has shared on many occasions that he loved to see her interacting with the ladies. Jim expressed that he felt his team benefited from having Kristine around and only wished she could have been a part of the program in years past. Kristine brings an unconditional happiness regardless of the outcome in the game and at

times has the ability to remind us not to take things and ourselves so seriously.

One of the biggest things over the season for Kristine was that she prided herself on being the Team's #1 fan! She enjoyed joking and interacting with the girls and fondly refers to them all as her sisters and B.F.F's! In fact, Kristine went so far as to invite the team and the Staff to her birthday party. Kristine was very surprised and very grateful as a number of the players and the team manager, Jacque, showed up with gifts and helped her celebrate the big "FOUR OHHH!!"

A huge "thank you" to Jim and Jaque Miller, Cambridge Youth Soccer and the ladies of Cambridge United U17 'A' Team for including and welcoming Kristine as a valued friend and "Equipment Manager" of the club! By Aylah Cziraki & Genine McLaren



## Happy 80th Birthday Keith!





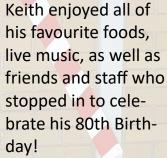




## **Planes Trains & Automobiles**

Keith Bryans had a Milestone birthday in August. He ar-

rived in style, in a shiny black convertible. His fascination with trains inspired the party theme which included train tracks leading to a railway crossing sign at the front door, which he proudly displays in his room.



Keith ended his birthday celebration with a helicopter ride the day after his party, but the icing on the cake was a visit from his two sisters.

By Kelly Frontera









## North Lodge—a cottage life for me!

Summer vacation was a blast!

During shutdown this past summer, North Lodge had its first ever vacation with the whole house! We rented a cottage for the week of July 30 to August 2 in the beautiful Grey County. Everybody enjoyed relaxing and getting to spend lots of time in the beautiful outdoors. We had a campfire, everyone enjoyed smores and Robert played the guitar for us! Vacation 2018 was an amazing experience and we hope next year will be even better! By Selea Newton













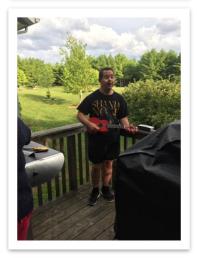














#### COMMUNITY LIVING CAMBRIDGE

#### ACTIVITY GUIDE

#### **Holiday Inn**

#### Wednesday, Dec. 12/18 at the Hamilton **Family Theater**

When Jim Hardy leaves the bright lights of show business behind to settle down on his farmhouse in Connecticut, he quickly discovers life isn't quite the same without a bit of song and dance. His luck takes a spectacular turn when he meets Linda, a spirited schoolteacher with talent to spare. Together they turn the farmhouse into a fabulous inn with dazzling performances to celebrate each holiday, from Thanksgiving to the Fourth of July. But when Jim's best friend Ted tries to lure Linda away to be his new dance partner in Hollywood, Jim must compete for her affections. Can he win her heart?

Cost is \$ 42.00 Per Person (Departs at 9:00 am. Returns at 5:00 pm)

**Meet at Hamilton Family Theatre** (Cambridge) at 1:30 p.m. Must provide own transportation.



#### Monday, October 29th/18 at the **Cambridge Newfoundland Club**

6:30 p.m. – 8:30 p.m. COST: \$6.00/Person (Support staff is free)

Halloween pictures available for \$ 1.00 each. Pop, chips, live music and prizes for best costume!

For more information about these DAY-TRIPS & the guide please call Judy or Raj at 519 623-7490 or go to our website https://communitylivingcambridge.ca/ events/

### **NEWS FROM FRANKLIN CENTRE**

### A special message from Karen Ferguson

August 29, 2018

To all CLC staff, participants, families and volunteers,



As I retire after 38 years with this agency I would like to say thank you for all of your caring and support over my time spent here. I have had a wonderful career and have enjoyed my time both residentially and in the day programs. I have gone through many changes with the agency over that time, and while there may be difficult moments, we have bounced back and moved forward.

I have had the honour and privilege to be a part of so many people's lives; sharing happy times,

sad times and everything in between. To the people I have helped support over the years, you have always made me feel special and I hope I have made you feel that way too.

To the Franklin Centre/ARC group, for the last 13 years this has been "home" and there has always been an energy of joy, fun and love. This has sustained me during those stressful times both personally and professionally. I am forever grateful for your support.

I very much appreciate everyone's kind words, cards and gifts. I will miss you all and this agency very much. I am both excited for the future but sad to leave.

I wish everyone all the best and I promise that I will be by to visit!

Thank you again to everyone.



## Upcoming dates to remember for Franklin Centre

Session 1:

2019 Registrations due by November 30th

Mon. Dec. 24:

Christmas Break reopen Wed. Jan. 2

## Tired of waiting for services?



#### VISION

People empowered through opportunities and supports to realize their dreams.



#### MISSION

Journeying together, we create opportunities to support people with developmental disabilities to realize their citizenship and aspirations.

#### Passport Funding? STEP this way...

Community Living Cambridge offers unlimited possibilities for those wanting participation supports, and are in a position with Passport funding from the Ministry of Community and Social Services or other financial means, to design and purchase services.

CLC provides services to well over 500 individuals in Cambridge. We offer a full range of established day programs to suit individual needs, ages and areas of interest. Have a look at our listing of current STEPS modules available on our website.

Feel free to contact **Christa Moniz 519-623-7490** for further information or to design a personalized program to meet your needs and your budget.

## COMMUNITY LIVING Cambridge

**Celebrating our 60th year of Inspiring Possibilities** 

Let Community Living Cambridge show you the way today!

www.communitylivingcambridge.ca 519-623-7490 ext 2233 Christa Moniz CMoniz@clcambridge.ca

## Community Connection's Employment Highlight



"Kean always comes to work with a great positive attitude!"



Kean Flynn is no stranger to work. He started working at No Frills as a grocery clerk on August 24, 2017.

No Frills owner, Geoff Gibson, has this to say "Kean always comes to work with a great positive attitude. He is a key member of our team that I rely on to get the tasks completed with a sense of urgency. Kean works in a multigenerational and multicultural environment with success. It is a pleasure to have Kean as a member of our team and I consider myself lucky to work with him."

Congratulations Kean on a job well done!

Submitted by Jane Spina, Community Connections Job Coach

## **Employee Profile: Mary Rachel Levac at Dieter's Metal Fabricating**



Supported Employment Services would like to recognize Dieter's Metal Fabricating, manufacturer of quality truck aftermarket accessories, for being a supportive and inclusive employer. October 2018 marks the first anniversary for Mary Rachel Levac as the custodian at their 275 Industrial Road location. She cleans common areas such as the staff cafeteria and washrooms, as well as clearing the garbage and recycling throughout the plant daily.

Emmanuel (Manny) Silva, Rachel's manager, was indeed the catalyst for this professional relationship developing as he was the first to suggest that the company reach out to the community and hire a suitable candidate with special needs. Mary Rachel loves her job and the people at Dieter's Metal Fabricating.

She has made many friends at work with whom she has spent quality time outside of work, at parties and other social events.

Thank you to Dieter's Metal Fabricating for being an example of a truly inclusive employer and congratulations to Mary Rachel on a successful first year as an important part of the Dieter's team.

Joe Sousa, SES Job Coach







For inquiries on Volunteering please contact our Volunteer Coordinator: Sandy Caple for more information.

Sandy Caple can be reached at Franklin Centre Monday-Thursday between 9am & 3:30pm 519-621-0680 or by email: scaple@clcambridge.ca

## Volunteer News

Welcome back after a long and hot summer! This Fall, Volunteer Services is hoping to involve more volunteers in a variety of new and exciting placements as the session rolls out.

"I am only one; but still, I am one. I cannot do everything, but still, I can do something. I will not refuse to do the something I can do." By: Helen Keller

Do you want to make a difference and do something good? Then why not Volunteer! If you or someone you know is interested in sharing skills and talent then come join us! We need YOU!

## Bingo Charity / Fundraising Events & join CLC



#### **Upcoming Bingo Charity Dates:**

- Wed Nov. 28 2018 7:00 pm
- Wed Jan. 30 2019 7:00 pm
- Wed Mar. 27 2019 7:00 pm
  - Wed May 29 2019 7:00 pm
- Wed Jun. 26 2019 7:00 pm

DID YOU KNOW? 108 people attended the Charity / Fundraising Event that was held last Wed. Sep. 26th. Funds earned from the Charity / Fundraising events is now \$16,570.

Charity/Fundraising Events are an excellent way to introduce Charity Members, Family and Friends to Charitable Gaming at the Cambridge Bingo Centre and at the same time earn money for Community Living Cambridge.

CLC will receive \$10.00 for each CLC bingo player that has registered at the Charity/Fundraising Event provided they have made a Minimum Purchase of \$21.00 in Bingo Product. The proceeds received can be used for any purpose – NO Restriction on the use of funds. We encourage more of Community Living Friends and Family to take part in this on-gong fundraising activity.

### **Volunteer Opportunities**

**Franklin Centre:** Program Assistant Volunteers needed for current and upcoming day programs. If you are interested in recreational activities then Franklin Centre is for you! We need volunteers to help in a variety of fun programs such as arts & crafts, wood working, painting, fitness, electronic gaming, knitting and so much more. The minimum commitment is one 4 month session for 1.5 -2 hours per week.

**Bingo/Fundraising Volunteers**: We need YOU to become a bingo volunteer! We are currently recruiting fundraising volunteers to help with various fundraising events but especially for our ongoing Bingo events. If you have a few hours that you could donate towards fundraising for Community Living Cambridge, please become a bingo volunteer. Bingo volunteering is fun, low stress, and above all, easy! You can become one of our Amazing Bingo Volunteers.

## Special Olympics Ontario—Cambridge





This year we had 3 Athletes and 2 Coaches go to National Games from Cambridge!

Bradley Schmidt - Swimming in Nova Scotia won two Golds and a Silver.

Bradly swam 3 races and walked 3000 steps that day and was exhausted! Bradley took a much deserved break at Antiguanish, Nova Scotia National games.



Barry Green 10 - Pin Bowling in P.E.I.

10 Pin Bowler Barry Green and Swim Coach Jennifer Mousley were selected as part of 2019 Special Olympics Team Canada Roster World 2019 Games in Abu Dhabi, in March 2019.

All came home with lots of Medals!

A special mention to Al Smith who coached 5 - Pin Bowling and Jennifer Mousley was Swim Coach.

## Congratulations to all!

By Sandra Goodwin



Amber Murphy 5 - Pin Bowling in P.E.I.





SOO Truck Convoy was held Sept 15th raised \$75, 000 for Special Olympics. There were 71 truckers who participated. Many of our Cambridge Athletes got to ride in an 18 Wheeler or in the Challenger luxury bus. What a fun day!



Swim Coach Jennifer Mousley and Kelly Spencer accepting Truck Convoy chq. On behalf of SOO—Camb.



Ways to give and make a difference today!

With your help, we will create opportunities to support people with developmental disabilities to realize their citizenship and aspirations!

1. A donation by mail or in person or over the phone.

Our reception staff is available at 519-623-7490 to process your donation over the phone.

2. A donation online via

#### CanadaHelps.org

- 3. Enroll in our monthly giving program
- 4. Give a lasting gift by way of a Planned giving or Endowment



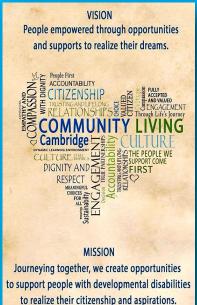
## Cambridge & North Dumfries **Community Foundation**

hank you Cambridge & North **Dumfries Community Foundation** for the grant Souder Family Fund of \$600 received in May 2018.



Our new website has been launched! Check it out!

www.communitylivingcambridge.ca Phone: 519 623-7490



#### Connect with us!

https://twitter.com/ clcambridgeON



https://www.facebook.com/ Community Living Cambridge



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#### **About our Newsletter:**

Published in Issuu Digital Publishing Platform https://issuu.com/communitylivingcambridge

Editor in Chief: **Denise Gruber** Editor, Layout & Design: Grace Santos Gould Proof: **Barb Chapman** 

#### **NEWS ARTICLES ARE PRECIOUS:**

The next edition will be our **Winter edition** which will be released in **Dec. 2018**. Please send your articles in as soon as you have them ready. We are always looking for content related to:

- **Events**
- **Fundraising**
- **Program offerings**
- Milestone Birthdays and Candid photos
- In Memoriam
- Advertise with us ask for rates
- **Feedback**

Any content that Inspire Possibilities are greatly appreciated! Send your articles to gsantosgould@clcambridge.ca Thank you!

Subscribe to our Newsletter to keep you current!

## Join our team



If you're looking for a rewarding job with great co-workers and competive pay, then look no further.

We are hiring part-time weekend staff. Students welcome.

Send resume to mbugeja@clcambridge.ca