

INSPIRE POSSIBILITIES

Fabulous Fashions

The Grand Finale

Thankful for the fond memories made and lessons learned from this journey, as we take our final bow! Full story in page 3



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The Operation Centre schedule will be the following:

Mon. Dec. 24
Tue. Dec. 25
Wed. Dec. 26
Thu. Dec. 27
Fri. Dec. 28
Mon. Dec. 31
Tue. Jan. 1



8:30-2:30 Closed Closed 8:30-4:30 8:30-4:30 Closed

Day Programs will be closed from December 24 to January 1, 2019.

What's Old is New Again ...

"In this 'theme' I am encouraged to slow down, pause for a few moments of reflection and to look for the newness in each day, the joy to be found in the simple tasks, the thankfulness of all the good that surrounds me. I appreciate this reminder that life is good and to be celebrated every day!"

How many Christmases have you experienced in your lifetime? Each passing year seems to culminate with the rush up to a holiday season that seems filled with social events, planning and preparation and gathering with friends and family. Whatever this season means for you and your family, this time seems to bring increased activity and a marking of another year on the calendar drawing to a close.

In this 'theme' I am encouraged to slow down, pause for a few moments of reflection and to look for the newness in each day, the joy to be found in the simple tasks, the thankfulness of all the good that surrounds me. I appreciate this reminder that life is good and to be celebrated every day!

Here in the family of Community Living Cambridge there are many celebrations, victories and contributions on which to reflect ...

A successful Me Day for over 100 participants put on by some of the members of the Leadership Team Repurposing a home to welcome three young men as they transition to adult living.

An enchanted Grand Finale of ten years of achievement and success in the Fabulous Fashion Show – a fitting closing to a ten year run.

Our Whoville Float won the Best Community Entry 2018 Award in the Cambridge Santa Claus Parade – thanks to Lennie and AMJ for partnering with us and making this possible.

These are just a few of the many highlights of life at CLC. I'd like to thank the workers and the army of volunteers for all their special contributions throughout the year.

On behalf of myself and the Board of Directors, may I extend best wishes and hopes for a joy filled and safe holiday season. And with anticipation and eagerness, we prepare to meet a wonderful New Year!

May your time be filled with family, friends and peace, because those are gifts that never get old!!

Merry Christmas!



Denise Gruber, Executive Director









The float was being assembled at AMJ Campbell's site







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The Steele Group presented all the winners of the 2018 Cambridge Santa Claus Parade.



It was a whoot aboard the brightest WhoVille float, as it made its way on Hespeler Rd. for the Cambridge Santa Claus Parade held Nov. 17, 2018. The Whos were beaming with pride for their determination, hard work and helping hands (as they decorated tirelessly the day before); for it brought plenty of cheer all around!

We are moved AMJ Campbell for designating Community Living Cambridge your charity of choice for this year's Santa Claus Parade! Your generosity is commendable, as we humbly accepted the 2018 Best Community Entry and winning the coveted award for the 3rd time! We look forward to next year's parade float! By Grace Santos Gould



Fabulous Fashions The Grand Finale Show -bids farewell-















The Fabulous Fashions The Grand Finale show was spectacular! The glitz and glamour was evident, as the runway models strutted the runway in their fashionable attire that showcased the latest trends by: Additional Elle, Hudson's Bay, Rodney Philpott, Collins Formal Wear, Stella & Dot. The fundraising gala held Nov. 8th, 2018 raised approximately \$27,000 which will go towards unfunded programs of Community Living Cambridge. The inclusive fashion show spanned a decade and raised \$250,000 over its course! What is most important, it gave people with developmental disabilities a platform to display their talents, gave them a sense of purpose and opportunity to inspire possibilities! As we wrapped up a decade of fond memories made, we could not help but say, 'parting is such a sweet sorrow', as we journey on to something new... By Grace Santos Gould









Fabulous Fashions The Grand Finale Show bids farewell-









All the stunning photos of the fashion show gala, featured in the newsletter were taken by the talented Bea Binka! Thank you!



Our sincerest thanks to all Sponsors, Silent Auction Donors, Store Sponsors and all Volunteers of the gala show. Your selfless acts made possible the impossible! We are thankful for your part in making dreams a reality for the individuals with developmental disabilities that proudly showcased their talents! By Grace Santos Gould



North Lodge has a passion for travelling!

Take the opportunity to explore!

In October, two groups from North Lodge had the opportunity to go on different trips to opposite ends of Ontario! From October 10-12, Susan, Carol, Robin and Pauline went on a trip down to Windsor and stayed in a cottage on Lake Erie. They enjoyed relaxing, sight-seeing, shopping and dinner out.















Then from October 23-26, another group got to travel all the way up to Ottawa! There, Ray, Barb and Victoria stayed in a hotel on the Quebec side of the Ottawa River. They got to explore around the Ottawa side of the river and saw the Parliament Buildings and then also got to explore the Gatineau side of the river at the Canadian Museum of History. By Selea Hewton















Susan turned 50!

On October 6th, Susan celebrated her 50th birthday with her family and all of her friends from Community Living Cambridge that she has made over the years. A big thank you to all who came out to help Susan celebrate her big day with her! By Selea Hewton



Happy Birthday

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Happy Halloween!



'A big shout-out from staff and participants from ADP to our Director (and current acting Manager) Danny W. for being a good sport and team player, for being our Muffin Man for a day, on Halloween.

Secondly, all of us at ADP are looking forward to celebrating the season this year with our Christmas Luncheon on Tuesday December 18th, with a deliciously catered

meal, festive music and decorations, and some hot chocolate and treats along the way. Some of us are wondering whether the man with the white whiskers, crimson outfit and the black boots might have some time to stop by for a quick visit? By Franco Spina



Halloween is a fun-filled time of year. It is also a prelude to Christmas and the holiday magic that so many of us enjoy.

Halloween paid a visit to the Operations Centre this year. Staff members showed great Halloween "spirit" by donning, fun and imaginative costumes. There was cake as well as lots of chocolates and treats for all to enjoy. Who says you have to be a kid to enjoy Halloween. By Joanne Owens



WENDY'S - EMPLOYMENT AWARD HIGHLIGHT

"Ben was presented with a bonus cheque to thank him for his exemplary service."



Wendy's congratulated BEN MAGNUS on his 10 Year Service Award.

Ben joined the Wendy's team a decade ago and his inviting personality can be found at the Wendy's Restaurant (Hespeler Road location), welcoming guests. Every Thursday and Friday during the lunch shifts you can be sure to see Ben's friendly presence not only greeting the customers but also replenishing supplies and keeping the lobby clean and spotless. Ben was presented with a bonus cheque to thank him for his exemplary service.

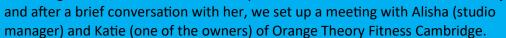
Spend it well Ben, you deserve it!

Ben, all of us at Community Living Cambridge, salute your dedication and hard work!

By: Jane Spina, Community Connections Job Coach

New Employment Beginnings: Rachel Bast at ORANGETHEORY FITNESS

In September, Alisha from Orangetheory Fitness approached us indicating that they were looking to hire someone to assist with the cleaning at their new Cambridge location. Rachel came to my mind as an excellent candidate for this job





The ladies felt that Rachel would be a great fit to join their team so Rachel was provided with some Orangetheory swag and her first shift was September 19, 2018!

Rachel is responsible for the cleaning of the studio, washrooms and showers twice per week in between classes. Rachel is excited to have started this new chapter in her life and is already settled into a great routine.

"Rachel has been such an amazing addition to our team, and has become an important part of our little family here. She is eager, works hard, goes above and beyond, and has fantastic attention to detail. Our staff look forward to the days Rachel is here, and have all formed great relationships with her. We're hoping she remains part of our team." — Alisha Bard, Studio Manager, Orangetheory Fitness Cambridge

Congratulations Rachel on a job well done! By: Kimberly Seed, Community Options Job Coach





My new job at Beertown **Public House Restaurant**

"After I get more experience in the hospitality industry I would like to become a chef. This is my long term goal."

"When I applied to Beertown I wasn't expecting to get the job but after completing a stagiaire (trainee) shift I was hired as a part-time dishwasher. I like the position as the dishwasher because there is structure and I know exactly what I have to do each shift. I am very happy to be working at Beertown. After I get more experience in the hospitality industry I would like to become a chef. This is my long term goal. I am grateful for the chefs at Beertown because they always check in with me to make sure things are going well during my shifts. I always look forward to going in to work."

By: Chris Laframboise, Youth Navigation Program participant

My First Job

"When I got hired at Moose Winooski's I was excited because this was my first job. I work as a dishwasher which is a very important job in the restaurant. During the lunch and dinner rush I have to work really fast to keep up with all the dishes. really like all the people I work with and some of them are becoming my friends.

I look forward to maintaining my job as a dishwasher at Moose Winooski's. I am happy I got my first job! "

By: Austin Difancesco, Youth Navigation Program participant



Volunteer News



For inquiries on Volunteering please contact Sandy Caple at Franklin Centre Monday— Thursday between 9am & 3:30pm. Tel # 519-621-0680

email: scaple@clcambridge.ca

Volunteers are precious gifts, that make the world a better place! Thank You!

It has been a busy Autumn and we are planning on an even busier Winter! We welcomed many placement students from Sheridan College, Mohawk College and McMaster/Conestoga BScN program. We called on our existing active volunteers for bingo, fundraising, special events, the parade committee, and for our recent Participant's Christmas Dance. Volunteers are very important to us! They are critical to all our programs. We try very hard to ensure that they know how much we appreciate the time and effort they give to our agency. So please join me in saying "Thank you" to our volunteers whenever you have a chance.

Volunteer Spotlight: Meet Brook Hibbs and Shanice Awaad



These two young women are high school co-op students helping out at the Franklin Centre.

Brooke is from St. Benedict Catholic Secondary School and Shanice is from Jacob Hespeler High School. Both Brook and Shanice started placement with us in October and will continue with us until the end of January 2019. They have been a big help in the programs we offer. They are the extra pair of hands when we need

them. Recently Brook and Shanice presented a project on their experience at Community Living Cambridge at their respective school's Career Fairs. Both students will share the passion they now have for CLC with their classmates and friends. Thank you so much Brook and Shanice!

Volunteer Opportunities

Bingo/Fundraising Volunteers: We are now recruiting for Bingo Fundraising volunteers to help with various fundraising bingo events. If you are available on Wednesday nights or Saturday afternoons for 2.5 hours let me know. Bingo volunteering is fun, low stress, and above all, easy! You can do it with a friend or co-worker. The bingo hall offers 3 training sessions each month at various times.

Enhanced Community Participation: We are looking for volunteers to help at the Franklin Centre by providing support or facilitating music, exercise classes or many other programs. If you have the ability to sing, play the piano or guitar, if you are a trainer of anything, or if you are an artist let me know. Share your talents with us one morning or afternoon. It's guaranteed to be a lot of fun!



Upcoming Bingo Charity Dates:

- Wed Jan. 30, 2019 7:00 pm
- Wed Mar. 27, 2019 7:00 pm

Wed May 29, 2019 - 7:00 pm

Wed Jun. 26, 2019 – 7:00 pm

We encourage Community Living Cambridge friends and family to take part in this on-going fundraising activity. CLC will receive \$10.00 for each bingo player that has registered at the Charity/Fundraising Event provided they have made a Minimum Purchase of \$21.00 in Bingo Product.

COMMUNITY LIVING CAMBRIDGE

ACTIVITY GUIDE

daytrip

Kitchener Rangers vs Erie Otters

Tue., Feb. 12, 2019 Kitchener Auditorium Join us as we cheer on the Kitchener Rangers and they verse the Erie Otters! This home grown team will have you on the edge of your seat! GO RANGERS GO!

Cost is \$ 40.00 Per Person

(Bus departs at Operations Centre - 160 Hespeler Rd at 6:00 pm and returns at approximately 10:30 pm)

ROCKY THE MUSICAL

Thu. Mar. 7, 2019 Hamilton Family Theatre Featuring the famous Rocky theme song and Survivor's "Eye of the Tiger," this adrenaline-fueled knockout musical about unwavering determination in the face of adversity will have you rooting for romance and cheering for the underdog.

Cost is \$ 45.00 Per Person

Meet at the former Dunfield Theatre in

Cambridge at 1:30 pm. Must provide own
transportation to and from this trip.

St Patrick's Day Kitchen Party

Friday, March 15, 2019 at Bingemans
Featuring the Celts (fiddle, accordion, keyboard, and more) including Irish dancers with world champion step dancer Daniel Carr. Delicious buffet luncheon included.
Cost is \$ 65.00 Per Person
(Bus departs at Operations Centre—160 Hespeler Rd at 11:30 am and returns at approximately 4:30 pm)



at the Cambridge Newfoundland Club 6:30 p.m. – 8:30 p.m. COST: \$6.00/Person Pictures available for \$ 1.00 each. Pop,

chips, great music and door prizes!

For more information about these DAY-TRIPS & the guide please call Judy or Raj at 519 623-7490 or go to our website https://communitylivingcambridge.ca/events/



Joseph is turning 30!

Joseph S. is turning 30 in end of December 2018!

Stay tuned for details of an Open House Party for Joe in the new year!

By: Jennifer Bennett



It isn't easy to find love these days and on top of it, we have to be extra careful so we are safe

Please join us to learn more about rights and consent and prevention of relationship violence

Live and Love

∞ Safer

Community Living
Cambridge

Is offering an opportunity to participate in a

Women's group

Lead by Violence Prevention Educator

Kasey Politano from SASC

6 Sessions on Thursdays starting on January 17rd to February 8th

All sessions will be held at **Franklin Center** from 5:30 to 6:30 PM

\$35.00

Includes

All sessions

All materials

Refreshments

If you are a woman receiving services in any of CLC programs, this is an invitation for you.

If you provide direct support to a woman in the agency that can benefit from this workshop, please share this information and assist her to register

Let us know if the cost may impede someone to participate

Passport funding can cover the cost

Upcoming dates to remember for Franklin Centre

Mon. Dec. 24:

Christmas Break reopen Wed. Jan. 2

11

Does this pertain to you?



Crown Ward Class Action (Children who suffered abuse before and while they were Crown wards, including in foster care and foster homes, and while in the care of the Children's Aid Society ("CAS")).

This class action claims that the Ontario government systematically failed to take all necessary steps to protect the legal rights and claims of children in its care.

In Ontario, a child may be removed from the care of his or her parents and put into the care of the Province for reasons that include physical, emotional, or sexual abuse, or neglect. In Ontario, permanent wards for whom the Province has legal responsibility are called Crown wards.

Crown wards were victims of criminal abuse, neglect and tortious acts as children, and as a result of which, were removed from the care of their families and placed under the care of the Province of Ontario. These children were also victims of abuse, neglect, and tortious acts while they were under the age of 18 and in the care of Ontario.

As a result of the crimes and torts committed against them prior to and during their Crown Wardship, the class members were entitled to apply for compensation from the Criminal Injuries Compensation Board and to commence proceedings for civil damages.

The suit claims the province failed to take all necessary steps to protect the rights of Crown wards to apply for compensation from the Criminal Injuries Compensation Board or to file personal injury claims for children who were abused prior to or while in the care of the Province.

The class action seeks to include all persons who became Crown Wards in Ontario on or after January 1, 1966, the date that the Province of Ontario voluntarily accepted legal responsibility and guardianship of Crown wards.

Please contact Koskie Minsky LLP with any questions: Email: ocwclassaction@kmlaw.ca Toll Free Hotline: 1.866.778.7985 or visit their website at https://kmlaw.ca/cases/crown-ward-class-action/

A new program being developed—stay tuned for more info.

Community Living Cambridge has a new Passport Coordinator, let us all welcome Emerald King-McLeod!

For more information on the Parenting Program being developed please contact Emerald at 519 623-7490 ext. 2252 or check our website.

Thank you **Energy +** for an impactful donation!









New Arrivals

Babies have a way of bringing us closer together and we could not help it but smile!

We are thrilled to announce our Real Care Babies have arrived!

A special thanks to Energy + for making possible a Parenting Program being established here at Community Living Cambridge.

Stay tuned for more information or visit http://communitylivingcambridge.ca/events/

Tired of waiting for services?



VISION

People empowered through opportunities and supports to realize their dreams.



MISSION

Journeying together, we create opportunities to support people with developmental disabilities to realize their citizenship and aspirations.

Passport Funding? STEP this way...

Community Living Cambridge offers unlimited possibilities for those wanting participation supports, and are in a position with Passport funding from the Ministry of Community and Social Services or other financial means, to design and purchase services.

CLC provides services to well over 500 individuals in Cambridge. We offer a full range of established day programs to suit individual needs, ages and areas of interest. Have a look at our listing of current STEPS modules available on our website.

Feel free to contact **Christa Moniz 519-623-7490** for further information or to design a personalized program to meet your needs and your budget.

COMMUNITY LIVING Cambridge

Celebrating our 60th year of Inspiring Possibilities

Let Community Living Cambridge show you the way today!

www.communitylivingcambridge.ca 519-623-7490 ext 2233 Christa Moniz CMoniz@clcambridge.ca



Ways to give and make a difference today!

With your help, we will create opportunities to support people with developmental disabilities to realize their citizenship and aspirations!

1. A donation by mail or in person or over the phone.

Our reception staff is available at 519-623-7490 to process your donation over the phone.

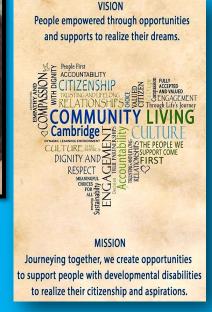
2. A donation online via

CanadaHelps.org

- 3. Enroll in our monthly giving program
- 4. Give a lasting gift by way of a Planned giving or Endowment

People empowered through opportunitie and supports to realiz their dreams. COMMUNITY LIVING ambridge





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About our Newsletter:

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NEWS ARTICLES ARE PRECIOUS:

The next edition will be our **Spring edition** which will be released in Mar. 2019. Please send your articles in as soon as you have them ready. We are always looking for content related to:

- **Events**
- **Fundraising**
- **Program offerings**
- Milestone Birthdays and Candid photos
- In Memoriam
- Advertise with us ask for rates
- Feedback

Any content that Inspire Possibilities are greatly appreciated! Send your articles to gsantosgould@clcambridge.ca Thank you! Subscribe to our Newsletter to keep you current!

Join our team!



If you're looking for a rewarding job with great co-workers and competive pay, then look no further.

We are hiring part-time weekend staff. Students welcome.

Send resume to mbugeja@clcambridge.ca